

Neurodiverse Assessment Advice

The advice given to parents regarding neurodiverse assessments for ADHD or ASD previously, has been either the NHS referral via Younited or a private route. However, here is now a third option- 'The Right to Choose.'

For a Younited/NHS Referral

Please see below information regarding the steps for a Younited referral. Please be aware that the wait time is very long via the Younited referral route. (18-21 months at least after completion of step 4.) CAMH are also pushing many referrals back without a large bank of evidence from school and home.

1. Complete a Triple P parenting program, CAMH will not accept the referral without a certificate of this. [Please sign up here.](#)
2. Complete an Early Help Assessment with your child's pastoral team. (Head of Year or PSO) During the Early Help Assessment we can see if there is any additional support we can offer, for example a young person's worker. *An open EHA is a requirement of CAMH.*
3. Once the parenting program is complete, we have to gather evidence within school and there are also two developmental forms that you will need to fill out.
4. Once all of this paperwork is gathered we will then submit it to Younited

Private Diagnosis

Some families choose to seek a private diagnosis are significantly quicker and they are recognised by the local authority & we take on board the recommendations they make. However, they can be expensive. My advice is to ask for a full quote when contacting places, including medication. Once a private diagnosis is given, we can then refer to CAMH if you wish to medicate. This will give you access NHS prescriptions but there will be a gap of about 6 months for them to ratify the diagnosis.

We don't 'recommend' anyone as it can become tricky but these are who some families have used:

- Dr Beverley Steffert <http://www.learningrecovery.co.uk/about/>
- Dr CR Venter http://cinaps.co.uk/About_Us.html
- Dr Zeinab <https://help4psychology.co.uk/team/dr-zeinab-iqbal/>
- Psychiatry UK <https://psychiatry-uk.com/>
- Mind Professionals Tel: 01223 813838 Email: enquiries@mindprofessionals.com
- The owl centre Tel:01223 835329 <https://theowltherapycentre.co.uk>
- Dr Faridi ADHD Centre Tel: 0800 061 4276 Email: connect@adhdcentre.co.uk

Right to Choose

The Right to choose pathway, you have the right to ask your GP to refer you to a private (online) assessor, this is a way of accessing the private route without payment but you have to request it from your GP. This is usually much quicker, under a year. There is a wealth of information [here.](#) although the information is for the NHS in Kent it is comprehensive. We have had families that successfully get a diagnosis by using [this link.](#)

If you are intending to follow any of these routes, please inform the SENCO and your child's Head of Year.